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#### QUTAB WHEEL THE YEAR OF THE FIRST LADY PRESIDENT OF ROTARY INTERNATIONAL MONTHLY E-BULLETIN ROTARY DELHI QUTAB CHARTER DATE: 19 APRIL 1976

EDITOR: PPRTN ANIL MALHOTRA, PHF, MD

#### R.I PRESIDENT: RTN JENNIFER E JONES

DG: RTN ASHOK KANTOOR	PRESID	ENT: RTN GS SALUJA
RI DISTRICT 3011	ISSUE NO. 10/22-23	01-APR-2023

#### **RI PRESIDENT MESSAGE**

Every month since I joined Rotary, I've looked forward to reading this magazine, especially the opening essay from our Rotary president. I'll admit that as much as I appreciate a digital copy; I still revel in the tactile sensation of sitting down and leafing through the glossy pages. They are a treasure trove of photos and memorable stories about our great organization — the one we all know and love. I have learned so much over the years about service projects and lives that each of you have transformed. As a communications professional, I have longed for the day that our stories were a regular part of mainstream media and that our flagship magazine might populate doctor's offices, coffee shops, or anywhere else people sit, wait, and browse. It's great that Rotary members are better informed about all we do, and wouldn't it be that much better if more people knew our stories.



All this was top of mind as I thought about our plans for promoting Rotary worldwide in the upcoming year. Over the next 12 months, weare going to shine a light on projects that put Rotary service on display to the world, and we are going to do it strategically. Nick and I will focus on some of the highest impact, sustainable, and scalable Rotary projects from our areas of focus in what we call the Imagine Impact Tour. We are inviting top-tier journalists, thought leaders, and influencers to use their channels to help us raise awareness by reaching people who want to serve but have not yet realized they can do it through Rotary. But therewas another important issue to consider — our carbon footprint. I take seriously Rotary's emerging leadership position on environmental issues.

The example set by our members during the pandemic is fundamental to how we carve out our future. That means we will harness digital technology to tell these stories — we will be tweeting, posting, and "going live" to anyone who will listen. We must consider our environment, and part of that means not always traveling but continuing to connect in meaningful ways as we have for the past two years.

Of course, we are social people, and we still need to be together. We simply need tobe more mindful of our decisions and think about how we get together just a little bit differently. For example, if we travel to visit a project, we will plan successive visits in neighboring areas. So, what are your stories and who can help tell them? I hope you might consider your own Imagine Impact efforts — your story might be something you can promote just as easily on social media or during a Zoom call.

Think about ways to showcase notable projects in your clubs and districts. We all feel the impact that Rotary service and values have on us. Now it's our opportunity to share that feeling with others.

#### QUTAB CONTINUES ITS QUEST FOR A HEALTHY FUTURE On 6 March-2023 Qutab Delhi conducted another socially beneficial Project aptly

named Project SAHAYTA at DCWA Zamrudpur, South Delhi. As a drill, all the Members were intimated about this Project in advance with a request to attend the said Project in larger numbers.

The Project involved investigation through Mammography and Talk on Cancer by Qualified Specialists of the field.

The Project Commenced at 10.30 AM with lots of eager ladies from nearby areas waiting their turn after getting the paperwork completed. The womenfolk are aware about the precautions and investigations required to detect early signs of likely onset of breast cancer. Adequate publicity about the Camp was resorted to for info of the Camp.

It was heartening to see the presence of Our Members encouraging those who had arrived for checking. Our ladies also helped in ushering of the beneficiaries.

A talk on Cancer, it's early detection and subsequent actions was also delivered. The information shared by the speakers led to allaying many unnecessary doubts of the audience.

More than 150 Registrations were done today for cancer awareness talks and 20 patients were put for mammography tests. 20 is the maximum capacity of the van. The test results are expected in a fortnight. In case required we will arrange for another camp in the near future.







#### HOLI -FESTIVAL

#### QUTAB CELEBRATES HOLI IN STYLE

The festival of HOLI is celebrated as a way to welcome SPRING and also is seen as a new beginning where people can release all their inhibitions and start afresh. It is said that during the HOLI FESTIVAL, the GODS TURN A BLIND EYE, and it's one of the few times extremely devout Hindus allow themselves to let loose.

To celebrate the onset of the festival of colours, our Club played" Phoolon ki Holi at the terrace of Panchsheel Club, South Delhi yesterday i.e. 05 Mar.

Very elaborate arrangements were in place on the vast and open Terrace. The weather was just awesome and cool breeze blowing throughout the function.

Members started trooping in on time ie 7:45 PM onwards. Everyone received traditional Holi Welcome. Rose petals of different hues were sprinkled on one another as mark of Holi Greetings. Haldi Chandan was applied on forehead of everyone to convey warm reception and jolly times.

Ladies were dressed in golden yellow shades and menfolk wore attractive and vibrant colours. One glance on the terrace was enough to gauge the celebratory spirit. Laughter and Happy Holi Milan amongst the Members lifted the ambience of the evening. The First Lady Rtn Raveen Saluja And other lady organizer's ie Neena Vasudeva & Poonam Ajmani were cheerfully welcoming the members as they arrived. Fellowship amongst the Members was jubilantly visible.

Everyone could be seen holding the drink of choice. Loads of snacks were catered for. The Party Music (kind Courtesy Dear Pradeep ji & song selection by dear Ansh (Pintu) brought the Ladies on the floor to let them show their hidden dancing talents.

Some seniors could be seen paying deliberate glances on the Members .Later on the mystery was solved. It was the group assigned to identify the Best dressed Lady And Gentleman of the Evening.

Prizes were handed over to the lucky winners ie Mrs Saroj Chandna & Sumila Dhawan & in Gents Category Prizes goes to Rtn Col Pawan Mehra & Gen Harinder Singh by the President and First Lady Rtn Raveen Saluja.

The revelry continued till permitted time of the Club. Hot Dinner was enjoyed by all members. Maximum crowd as usual was on the Tandoor Stand to grab the rotis and parathas straight from the tong.

The President & First Lady & the team were profusely thanked for making excellent arrangements and looking after everyone.

It was one of those rare Occasions when almost the entire Club was present. This is the real spirit of oneness in Our Club which makes our Club the Numero Uno Club of the District.















FRIDAY 24-03-2023

#### **QUTAB STARTS YET** ANOTHER SKILL

11:00 AM

Thanks to the untiring efforts of our Club Trainer, COMPUTER TRAINING and regular classes have started in our SKILL DEVELOPMENT CENTER.

A automated beginners learning system has been installed and our own teacher Mamta has been taught how to handle the system.

The children are enjoying the new venture and are very excited to learn. Computers knowledge is a MUST for any future profession. Our aim is to settle all our children in a profession as they grow and stand on their feet.

QUTAB IS PROUD TO TAKE A LEAD IN THIS DIRECTION





#### <u>WHY THE SECOND DRINK</u> <u>IS ALWAYS TAKEN</u>

#### WHY HAVING ONE DRINK BAD

In the days of yore, battles were fought from dawn to dusk (reveille to retreat). After the day's battle, the warring armies would retreat to their camps at sunset to rest&refit, to fight the next day.

On reaching their respective camps, the regimental doctor (Hakeem), with a med orderly would head back to the battlefield, with a pitcher of brandy, or some kind of a pick-me-up, pain relieving potion to tend to the wounded, lying on the battlefield. The orderly would carry a flame torch (mashal) to identify the wounded in the dark. As soon as the 'doctor' would hear a man moaning in pain, he would ask the orderly to pour a stiff shot of brandy in the wounded man's mouth. This was done quickly. When the med orderly would bring the torch closer to identify the casualty, they would realise it was an enemy soldier. He would then not be given another shot and the doctor&orderly would move on. However, if the torch revealed the wounded to be one of their own, he would be given a 2nd shot or 'drink'. This is why it is still said in Army messes that 1 drink is for the enemy and 2 or more for friends. While folklore, I do find the reasoning plausible. Do you?! Cheers 🕂

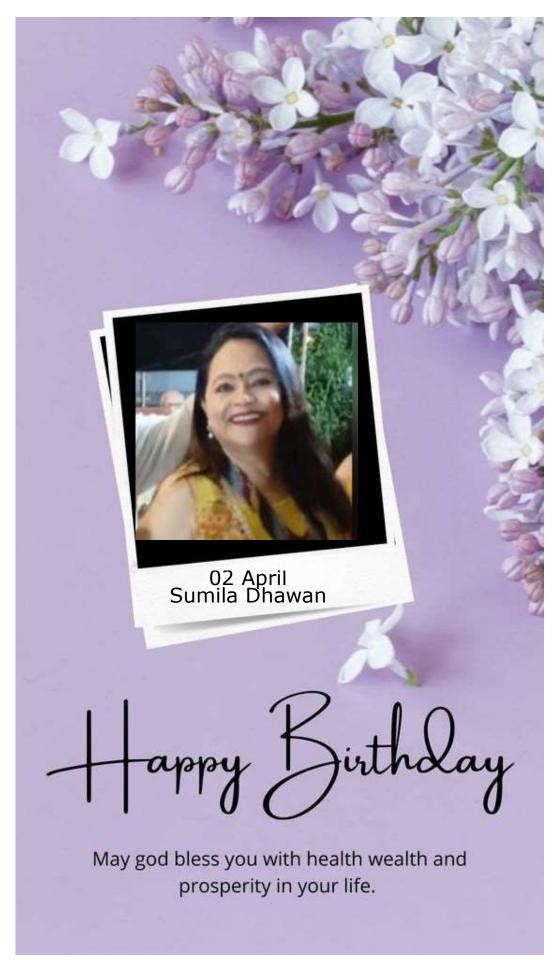


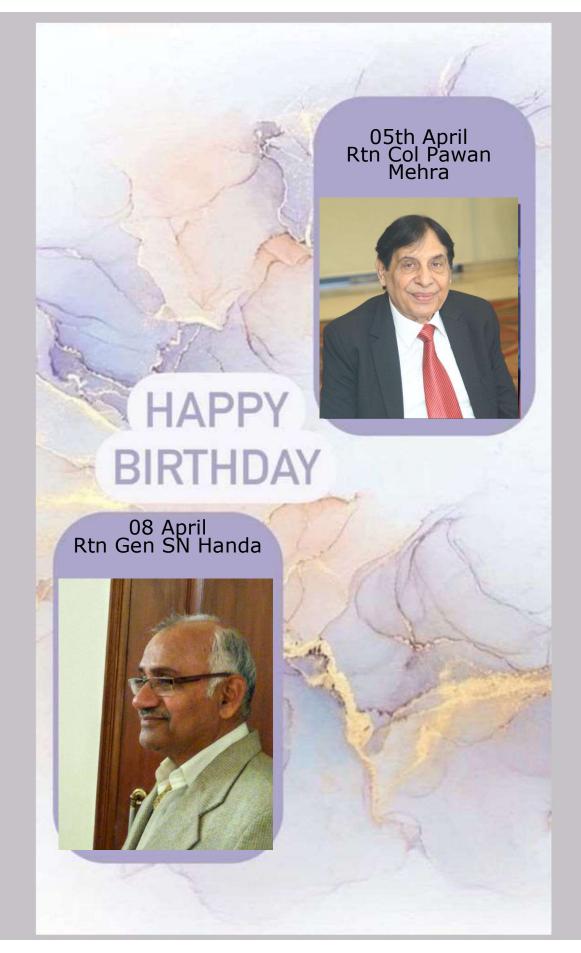
# Words have great power.

The power to help, the power to heal, and the power to hurt.

Use this power carefully.

MOMENT OF CALM MomentofCalm.org





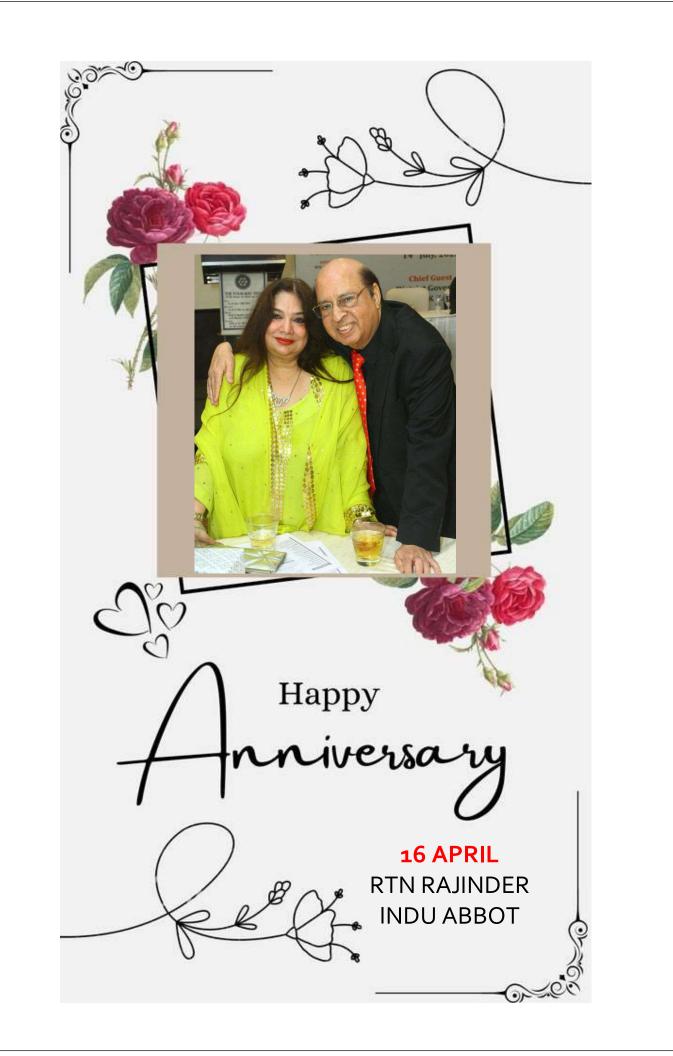


## BIRTHDAY

#### 19 April Rtn Saroj Chandna









### <u>Forthcoming Events</u> for the Month of April

12 April-Project-details later

**19th April** Fellowship Dinner (Charter Day and Honouring the Past Presidents),

26<sup>th</sup> April Speaker Meet,